#### Developing the Good Heart

ACI Course 14

Class 8 — The Crown of Knives, Part One

Text comes from Dharma Rakshita — 豪和不敢了 Lord Atisha (982 - 1052) 首式首

## Prostration

# શ્વિં'ર્સે'ગમૈને' ગમેને' ' (*tro-wo*) — Angry One લોં'ર્સે' (*tro-wo*) — Angry One ગમૈને' ਵેલે'ગમેને' (*shin-che-shey*) — Destroyer of the Lord of Death

ধ্রশান্দর্বন্থ (chak-tsël) — I prostrate

Peacocks wander in the midst Of a forest of poison trees; A garden of healing herbs and plants May be something lovely, But peacocks have no love for them— They live off poison itself.

Bodhisattva warriors are the same: A garden of comfort and pleasures May be something lovely, But the warriors have no attachment for them— They live off a forest of pain.

The kings of cowardice who pursue Comfort and pleasure find themselves Transported instead to pain. Those mighty warriors who pursue Pain for others find themselves Forever surrounded by bliss, By the power of their courage.

Now in this place desire is like A forest of poison trees; Bodhisattva warriors, like peacocks, Are strong enough to take it. Cowards though are like the crow, For these same leaves are death to it— How could those who only think Of what they want themselves Ever have the strength to eat This poison?